

*Celebrating 75 years of
MMM in Canada!*

**MMM CANADA
SUMMER WORKSHOP ~ 2026 ~**

**TRENT UNIVERSITY
JUNE 28 - JULY 4
RESIDENTIAL WORKSHOP**

MARGARET MORRIS

**MODERN DANCE
PIONEER**

**DANCER, ARTIST &
PHYSIOTHERAPIST**

**THE MARGARET MORRIS
METHOD OF DANCE IS
TAUGHT WORLDWIDE
INCLUDING CANADA
SINCE 1951**

Nestled on the East Bank of the Otonabee River, participants will be staying at the Gzowski Residence of **Trent University in Peterborough**, Ontario. This year, our meals (lunch & dinner) will be catered by **Elena, from On Point Custom Catering**. Each room in the residence has AC, a double bed, and shares a bathroom with one other room. Rooms used for dancing are a short walk away at the Otonabee College.

About Us

Margaret Morris Method of Exercise & Dance (MMM Dance) is fundamentally a creative, progressive, and educational dance technique. This unique system of exercise, dance, and contemporary movement is designed to include all ages & abilities.

Our Workshop

Since 1980, MMM members, students, families & friends have been gathering to enjoy a multi-day workshop of dance, fitness & fun, relaxation & creativity. The event brings together both adults & children, beginners & advanced, and offers both Recreational Classes & Teacher Training courses. The 2026 Workshop features accredited Canadian Instructors as well as Guest Teachers from overseas.

Classes are taught by our Canadian Internationally Accredited MMM Dance Teachers and visiting International Guest Teachers: **Jacqueline Harper** (UK), and **Ann Flower** (UK) from overseas. A variety of classes will be offered including MMM Colours, Dance Technique, Improvisation, Creative Dance & Relaxation, Yoga & more!

Accommodation, meals and all general classes are included in the workshop fees. Intensive Courses & Teacher Training are available for an additional charge.

Register Now!

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613-250-0207

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WORKSHOP FEES ~ 2026

MMM Canada Summer Workshop

June 28 - July 4, 2025

Our Canadian Summer Workshop offers specialized and unique programming including; MMM Colours, Creative Dance, Dance Technique, Yoga, Specialized Classes, Children's Programs, Art Classes and more!

Arrival after 4pm on Sunday June 28. Departure by 12pm, Saturday July 4.
Classes will begin on Monday morning.

Adults ~ \$1375

Junior ~ \$1075

Special Anniversary Pricing!

ADDITIONAL FEES & OPTIONS:

MMM Colours Intensive Course:

Intensive Course - Adult ~ \$100

Intensive Course - Junior ~ \$75

Non-Residence Fees

Daytime classes only - \$75 / day

Daytime classes with lunch included - \$100 / day

Teacher Training Course(s)

Per Teaching Level ~ \$300

Daily Residential Fees

Adult ~ \$300 / day

Junior ~ \$240 / day

Deposit is due by April 1, 2026.

Adult \$400/ Junior \$300

Balance is due by June 15, 2026.

10% family discount (if applicable).

2026 Membership Fee (if applicable)

Adult \$40 / Junior \$25 / Teacher \$80

*Summer Workshop
2026
Join Us!*

Register Now!

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